

KHS Advisory Newsletter

Sept. 27, 2022

THIS WEEK IN ADVISORY

“Citizenship”

Social Emotional Learning is an integral part of education and human development. SEL is the process through which all humans acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

Students demonstrate good citizenship by fulfilling their civic and social responsibilities and contribute to the well-being of the communities in which they are a member (including their home, school, neighborhood, country, and the greater world).

This week, students realized that part of good citizenship is obeying all rules and laws, even the ones that may be considered ridiculous. After each student created a “ridiculous rule”, they reflected on the rule and its purpose. Students then discussed the importance of following rules and laws, even if we agree with them or not.

There are five pillars of good citizenship: be respectful of others and their property, be respectful of school property, follow school rules, demonstrate good character by being honest and dependable, and give back to the community.

The most important thing we can do for our children is to help them acquire values and skills that they can rely on throughout their lives. In doing so, they will have the best chance to lead good lives as individuals and as citizens of their communities and of America.

Quarter 1: Aug 15 – Oct 14

SEL TEK – Citizenship

KHS Characteristic – Optimistic

KHS Values – Collaboration & School Pride



REAL WORLD CONNECTION

The Importance:

- * To contribute to my community and fulfill my responsibilities
- * Obeying the law is one way I contribute to society.
- * To be a member of many communities (class, school, neighborhood, and country), and doing my share requires my positive contributions.
- * The need to maintain an open mind, a willingness to re-examine my own positions, and the objectiveness to consider the arguments and beliefs of others.
- * Everyone must do his or her part to help the environment and the world.

Extend S.E.L. at Home

Family Involvement and Activities

Strategies you can do at home with your student to extend Social Emotional Learning this week.

- **Be a good neighbor.** Being friendly and knowing and caring about our neighbors can help build valuable social support systems, increase neighborhood safety, protect children and other vulnerable individuals, and generally enrich our lives and the lives of those living closest to us.
- **Support local businesses.** Doing so can boost our local economies, keep the individual character and flavor of your communities alive and healthy, and decrease the likelihood of homogenization and lack or loss of public engagement.
- **Get involved in projects.** Especially projects that improve the lives of others in our communities. Planting community gardens, donating items to homeless shelters, volunteering at food banks or soup kitchens, and supporting local schools and libraries are just examples of how to make our communities healthier. And healthier communities ultimately lead to healthier countries.
- **Environmental stewardship.** Cleaning up local parks and wild places, recycling, remembering not to litter, and buying fewer items with packaging that gets littered are all excellent ways to preserve the integrity of local environments – and serve as examples for other communities to follow.

Work Hard

try your best and finish your tasks.

Help Others

serve and do things for other people.

Earth

taking care of our planet and where we live.

Golden Rule

treating others how you want

Voting

choosing leaders to lead and represent your ideas.

Integrity

means doing the right thing, even if nobody is watching.

Laws

are the rules we follow to be safe.

A good citizen

obeys the laws of our state and country.

I am a Good Citizen!
Draw or write the ways to be a good citizen.

A grid for drawing or writing.

Next Week in Advisory

9th grade: “Worries & Wonders” – focuses on belonging. Pt. 1

10th grade: “Mental Health Foundations” – what is good mental health. Pt. 1

11th grade: “To Be Lists” – how actions can reflect values. Pt. 1

12th grade: “What Does it Mean to Lead” – how we can be positive leaders.